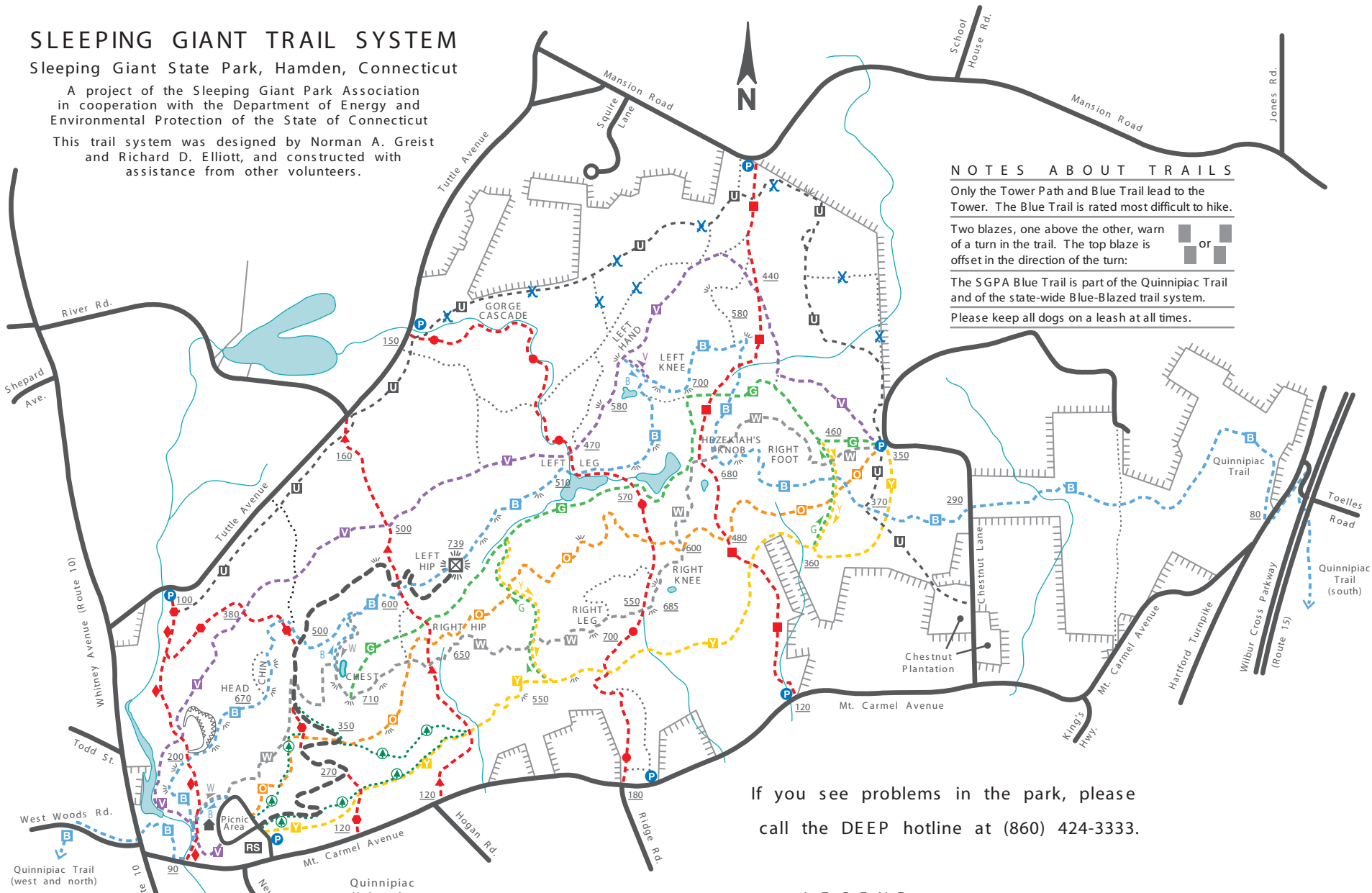


# SLEEPING GIANT TRAIL SYSTEM

Sleeping Giant State Park, Hamden, Connecticut

A project of the Sleeping Giant Park Association in cooperation with the Department of Energy and Environmental Protection of the State of Connecticut

This trail system was designed by Norman A. Greist and Richard D. Elliott, and constructed with assistance from other volunteers.



## NOTES ABOUT TRAILS

Only the Tower Path and Blue Trail lead to the Tower. The Blue Trail is rated most difficult to hike.

Two blazes, one above the other, warn of a turn in the trail. The top blaze is offset in the direction of the turn:



The SGPA Blue Trail is part of the Quinnipiac Trail and of the state-wide Blue-Blazed trail system.

Please keep all dogs on a leash at all times.

If you see problems in the park, please call the DEEP hotline at (860) 424-3333.

east - west trails (rating & length)		
yellow	C	2.2
orange	B	2.4
white	A	2.8
green	B	2.0
blue	A	5.1
violet	C	3.2

north - south trails (red markers)		
diamond	C	0.7
hexagon	B	1.1
triangle	B	1.1
circle	B	1.9
square	B	1.6

### additional trails

tower path	D	1.6
nature trail	C	1.5
NOTE: Except for the tower path, all trails are rough, uneven, and rocky; hiking shoes or boots are recommended.		

### trail ratings

A	hard, steep climbs, for experienced hikers.
B	steady ascent to crest from all trailheads
C	mostly level, some rises
D	gentle climb on wide clear, gravel path

## LEGEND

- horseback trails:
- east - west trails: (yellow-orange-white-green-blue-violet)
- north - south trails:
- crossover trails:
- nature trail:
- unmarked trail (but cleared):
- paved road:
- tower path:
- ski trail:
- elevation at trail intersections or views: **580**

- ranger station:
  - stone tower:
  - park pavilion:
  - parking:
  - water course:
  - swamp or pond:
  - park boundary: or private park
  - view:
- scale (miles)  
0 0.1 0.2 0.3 0.4 0.5